



## Waterhouses CE Primary Academy and Nursery

“Let your light shine”

*Make your light shine, so others will see the good you do and will praise your Father in heaven. Matt 5 v 16*

### **PSHE and RSE Curriculum Statement**

PSHE and RSE is well embedded into the ethos and daily running of our school, although we have PSHE and RSE learning, we believe that the wider school community is where the teaching of PSHE really happens. The clear and informative messages we share about mental health, relationships and our wider world are what matter most at Waterhouses CE Primary Academy and Nursery and we take every opportunity to support children’s understanding of themselves and others.

Our curriculum allows children to revisit and consolidate their knowledge, understanding and language associated with relationships, emotions and health. Our curriculum has been designed to include opportunities to link British Values and Spiritual, Moral, Social and Cultural (SMSC) development, to prepare the children for life in Modern Britain. We deliver lessons that allow children to talk and share ideas in a safe and non-judgemental environment, where they can discuss current situations and issues that are directly linked to their lives.

#### **Intent**

At Waterhouses CE Primary Academy and Nursery, we want all of our pupils through PSHE and RSE learning to understand the characteristics of safe, positive and healthy relationships and learn how to assess risks and keep themselves safe from harm. We want all our pupils to develop the knowledge and skills to make positive, healthy and financial choices, look after themselves and others through their lives. Our PSHE and RSE curriculum celebrates diversity and supports the pupils’ spiritual, moral, social and cultural development through the school’s vision:

‘Let your light shine!’

*Make your light shine, so others will see the good you do and will praise your Father in heaven Matthew 5:16*

Teachers use the PSHE and RSE lessons from the Kapow scheme of work which aims to equip pupils with the knowledge, skills and attitudes that they need to effectively navigate the complexities of life in the 21st Century.

We have four core values at the heart of our school: Love, Hope, Trust and Respect. The vision and values support our children to let their light shine in their daily activities; within PSHE, we encourage children to develop spiritually and to be reflective learners.

Through our strong values, we nurture our children to become proud of themselves and to uphold the best of British Values in their attitudes and behaviour.

## **Implementation**

Alongside our school's Vision and Values, which are the foundation of everything we do at Waterhouses, we believe that PSHE & RSE plays a vital part in the curriculum at Waterhouses CE Primary Academy and Nursery and needs to be taught weekly; although there will also be opportunity to make cross-curricular links and these opportunities should not be missed. This enables staff to ensure full coverage of the Kapow scheme of work which is a whole school approach that consists of three areas of learning in EYFS:

Reception (to match the EYFS Personal, social and emotional development prime area) and five areas of learning across Key stages 1 and 2.

### EYFS:

- Self-regulation
- Building relationships
- Managing self

### Key stage 1 and 2:

- Families and relationships
- Health and wellbeing
- Safety and the changing body
- Citizenship
- Economic wellbeing

There are always occasions where staff may feel it necessary to teach PSHE because of an issue which has arisen in their own class or within school.

## **Impact**

Our core school values of: Love, Hope, Trust and Respect support our children to be safe and happy within all aspects of school life.

When children leave Waterhouses CE Primary Academy and Nursery we would like them to be able to:

- Have the skills and experiences to have healthy, positive, and appropriate relationships with friends and family throughout their life and to have a healthy lifestyle, both physically and mentally.
- To collaborate with friends and peers as part of a team.
- To have an understanding of safety at home and in the wider world, including online safety.
- To be a good citizen and respect people and the environment around them and demonstrate and apply the British Values of Democracy and Rule of Law.

Through the delivery of our PSHE and RSE curriculum, we believe that we prepare children for the next stage in their education as well as preparing them, during this vital stage of their life, for the adult world.