



Waterhouses CE Primary Academy and Nursery

“Let your light shine”

Make your light shine, so others will see the good you do and will praise your Father in heaven. Matt 5 v 16

Planning Overview for PSHE and RSE

Class/Term	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Nursery/Reception 2024/5	Self-regulation: My feelings Class Rules and responsibilities linked to feelings Building independence	Building relationships: Special relationships	Building relationships: My family and friends	Self-regulation: Listening and following Instructions	Managing self: Taking on challenges	Managing self: My wellbeing
Year 1 Otters 2024/5	Setting ground rules for PSHE and RSE Family and relationships	Family and relationships Health and wellbeing	Health and wellbeing Safety and the changing body	Safety and the changing Body Citizenship	Citizenship Economic wellbeing	Economic wellbeing Transition lesson
Years 2/3 Penguins 2024/5	Setting ground rules for PSHE and RSE Family and relationships	Family and relationships Health and wellbeing	Health and wellbeing Safety and the changing body	Safety and the changing body Citizenship	Citizenship Economic wellbeing	Economic wellbeing Transition
Years 4/5/6 White Tigers 2024/5	Setting the ground Rules for PSHE Family and Relationships	Family and Relationships Citizenship	Citizenship Economic Wellbeing	Economic Wellbeing Health and Wellbeing	Health and wellbeing Safety and the Changing Body	Safety and the Changing Body Transition



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Planning Overview for PSHE and RSE

		(Parliament Week 18-24 Nov)				Setting the ground rules for RSE (Year 5 and 6)
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