



Waterhouses CE Primary Academy and Nursery

"Let your light shine"

Make your light shine, so others will see the good you do and will praise your Father in heaven. Matt 5 v 16

Personal, Social, Health and Economic (PSHE) and Relationships and Sex Education (RSE)

Personal, Social, Health and Economic (PSHE) and Relationships and Sex Education (RSE) supports pupils to develop knowledge, skills and attributes needed to stay healthy, safe and prepared for life and work in the modern world. PSHE education helps pupils to achieve their academic potential, and equips them with skills they need in the future.

We define 'relationships and sex education' as the knowledge, skills and behaviours that enable pupils to have the confidence to be themselves, to respect others and to develop successful relationships both now and in their future lives.

Our Christian core school values of: Love, Hope, Trust and Respect support our children to be safe and happy within all aspects of school life.

When children leave Waterhouses CE Primary Academy and Nursery, we would like them to be able to:

- *Have the skills and experiences to have healthy, positive, and appropriate relationships with friends and family throughout their life and to have a healthy lifestyle, both physically and mentally.*
- *To collaborate with friends and peers as part of a team.*
- *To have an understanding of safety at home and in the wider world, including online safety.*
- *To be a good citizen and respect people and the environment around them and demonstrate and apply the British Values of Democracy and Rule of Law.*
- *Through the delivery of our PSHE and RSE curriculum, we believe that we prepare children for the next stage in their education as well as preparing them, during this vital stage of their life, for the adult world*

At Waterhouses CE Primary Academy and Nursery we are mindful of the significance of our role, in the personal and social development of our pupils. PSHE is central to our core values and safeguarding.

Statutory Requirements

As a school we must have regard to:

- The Relationships, Education, Relationships and Sex Education and Health Education (England) Regulations 2019, made under sections 34 and 35 of the Children and Social Work Act 2017 from 1 September 2020.
- The Equality Act 2010 and The Equality Act 2010: Advice for Schools.

Consultation with Parents:

As a school we believe in the importance of partnership and collaboration between home and school, therefore we encourage families to discuss relationships and sex education with their children at home. This is an opportunity to share family values in relation to PSHE and RSE topics, building important channels of communication about emotions, the human body and relationships with young people, both now and in the future.

As a school we consulted parents in June 2020 by:

- sharing a draft copy of the PSHE and RSE policy via our school website, emails and Dojo
- inviting parents to share their thoughts and feedback on the policy
- following the consultation period, a published copy of the policy was shared via our school website, emails and Dojo
- updating parents/carers via school and class letters on any PSHE related events

**Hard copies of the policy and curriculum documentation are available on request.*

PSHE/RSE Resources

PSHE is designed to keep children and young people safe, healthy and prepared for life, and work, in modern Britain. The best PSHE education is a partnership between parents/carers and schools — and this includes transparency regarding curriculum content and materials.

Parental Right to withdraw their child from RSE

Under the Department of Education's Statutory guidance on RSE, parents have the right to request that their child be withdrawn from some or all of sex education delivered as part of statutory RSE.

Requests for withdrawal should be put in writing and addressed to the Headteacher. A copy of withdrawal requests will be kept on record. The Headteacher will discuss the request with parents and take appropriate action.