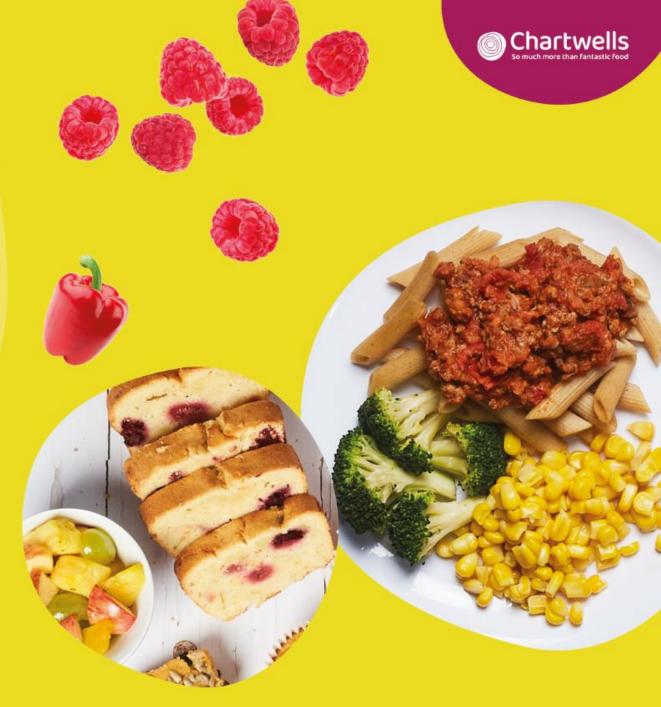
FFF THREE WEEK MENU SPRING/SUMMER 2022

OUR NEW MENU CHOSEN BY PARENTS AND CHILDREN

YOUR FAVOURITES AVAILABLE EVERY DAY











MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Hot Main Dish

Jacket Potato

Vegetables

Salads

Potato Wedges

Cheesy tomato topped pizza slice

A Selection of Fresh Salads V Including cucumber, tomato, carrot sticks and sweetcorn

Jacket Potato with a choice of fillings

Green Beans and Sweetcorn

Raspberry Ripple Ice Cream **Desserts** with Fruit Slices

Cheese and Tomato Pizza with

Traditional Mac 'N' Cheese. delicious macaroni in a creamy cheese sauce.

A Selection of Fresh Salads V Including cucumber, tomato,

Jacket Potato with salmon mayonnaise and a

carrot sticks and sweetcorn

choice of fillings Peas and Broccoli

Secret Brownie with Fruit Slices

Roast Chicken with Roast Potatoes and Gravv

Succulent roast chicken with fluffy roasties and tasty gravy

A Selection of Fresh Salads V Including cucumber, tomato, carrot sticks and sweetcorn

Jacket Potato with a choice of fillings

Carrots and Cabbage

Shortbread Biscuit with Fruit Slices

Bacon All Day Breakfast with **Potato Wedges**

A yummy all day breakfast with bacon and potato wedges

A Selection of Fresh Salads Including cucumber, tomato, carrot sticks and sweetcorn

> **Jacket Potato** with a choice of fillings V

Broccoli and Sweetcorn **₩**

Berry and Peach Oaty Crumble with Custard

Golden Fish Fingers and Chips

Crispy fish fingers and scrummy chips

Or Quorn Nuggets and Chips V

Crispy Quorn nuggets

A Selection of Fresh Salads Including cucumber, tomato, carrot sticks and sweetcorn

> Jacket Potato with a choice of fillings **②**

Baked Beans, Carrots and Peas **W**

Orange, Sultana and Carrot Slice with Fruit Slices





HAM OR CHEESE SANDWICH OR DAILY SPECIAL WITH VEG STICKS AND FRESH FRUIT OR BEAR YO YO OR DESSERT OF THE DAY



WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT

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W/C: 25/04 16/05 06/06 27/06 18/07

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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

tomato sauce

Sausage and Mash with Gravy Sausage and mash with rich gravy

Roast Potatoes and Gravy Succulent roast turkey with fluffy

A Selection of Fresh Salads

Including cucumber, tomato,

carrot sticks and sweetcorn

Jacket Potato

With a choice of fillings

Roast Turkey with

A classic Italian Bolognese in a roasties and tasty gravy

yummy tomato sauce.

Beef Bolognese

A Selection of Fresh Salads Including cucumber, tomato, V

> Jacket Potato With a choice of fillings

carrot sticks and sweetcorn

Green Beans and Sweetcorn

₩ 🕶

Fruity Chocolate Brownie with Fruit Slices

Golden Fish Fingers and Chips

Crispy fish fingers and scrummy chips

Or Quorn Dippers with Chips Crispy Quorn dippers with their

fave sauce – ketchup A Selection of Fresh Salads

Including cucumber, tomato, carrot sticks and sweetcorn

Jacket Potato With a choice of fillings

Baked Beans, Carrots and Peas

Vanilla Ice Cream with Fruit Slices

Hot Main Dish

Salads

Jacket Potato

Vegetables

Desserts

Cheese and Tomato Pizza

Penne pasta in a yummy

A Selection of Fresh Salads

Including cucumber, tomato,

carrot sticks and sweetcorn

Jacket Potato

With a choice of fillings

Carrots and Sweetcorn

Flapjack

with Fruit Slices

A Selection of Fresh Salads Including cucumber, tomato, carrot sticks and sweetcorn

Jacket Potato With a choice of fillings

Peas and Broccoli

Peach Shortbread Pudding and Custard

Carrots and Cabbage

₩ 🕶

Raspberry Yoghurt Cake with Fruit Slices

≈ ₩

AVAILABLE EVERY DAY

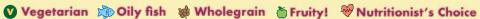
WATER, SALAD, FRESHLY BAKED BREAD,

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BEAR YO YO OR DESSERT OF THE DAY

W/C: 02/05 23/05 13/06 04/07







MONDAY

TUESDAY

WEDNESDAY

THURSDAY

Beef Meatballs in Tomato Sauce

with Pasta

A soft wrap filled with fresh beef

and rice

FRIDAY

All Day Breakfast A yummy all day breakfast with bacon and potato wedges

Traditional Mac 'N' Cheese, delicious macaroni in a creamy cheese sauce.

Macaroni Cheese

Roast Turkey with Roast Potatoes and Gravy

Roast turkey with fluffy roasties and tasty gravy

Including cucumber, tomato,

carrot sticks and sweetcorn

Jacket Potato

With a choice of fillings

Including cucumber, tomato, carrot sticks and sweetcorn

Jacket Potato With a choice of fillings

Green Beans and Sweetcorn

Chocolate Sponge Cake with Fruit Slices

Golden Fish Fingers and Chips

Crispy fish fingers and scrummy chips

Or Quorn Dippers with Chips Crispy Quorn dippers with their

fave sauce − ketchup ♥

A Selection of Fresh Salads Including cucumber, tomato, carrot sticks and sweetcorn

> Jacket Potato With a choice of fillings

Baked Beans, Carrots and Peas

Banana and Apricot Flapjack with Fruit Slices

Hot Main Dish

Jacket Potato

Vegetables

Desserts

Salads

A Selection of Fresh Salads

Including cucumber, tomato, carrot sticks and sweetcorn

Jacket Potato With a choice of fillings

Peas and Carrots

Oatie Biscuit with Fruit Slices

Jacket Potato With a choice of fillings

A Selection of Fresh Salads

Including cucumber, tomato,

carrot sticks and sweetcorn

Sweetcorn and Broccoli

Apple and Carrot Yoghurt Muffin

Carrots and Cabbage

Strawberry Ice Cream with Fruit Slices

AVAILABLE EVERY DAY

WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT









