

# Week one

04/11 25/11 16/12 20/01 10/02 09/03 30/03

Monday

**Mac 'N' Cheese** ✓  
Macaroni baked in a tasty cheesy sauce  
*on the side...*  
Carrots  
Baked Beans  
*for dessert...*  
Chocolate Slice with Fruit Slices

**Chinese Veggie Noodles** ✓  
Mixed vegetables & noodles coated in a Chinese five spice seasoning

**Loaded Jacket Potatoes**

**A Selection of Sandwiches**

Tuesday

**Chicken Tikka Masala with Wholegrain Rice**  
A classic mild Indian creamy curry  
*on the side...*  
Peas, Cauliflower & Broccoli  
*for dessert...*  
Zesty Orange Drizzle Cake with Fruit Slices

**Cheese and Tomato Pizza with Potato Wedges** ✓  
Homemade pizza

**Loaded Jacket Potatoes**

**A Selection of Sandwiches**

Wednesday

**Traditional Roast Turkey with Roast Potatoes & Gravy**  
Traditional roast turkey dinner  
*on the side...*  
Carrots  
Broccoli  
*for dessert...*  
Shortbread Biscuit with Fruit Slices

**Quorn Roast with Roast Potatoes & Gravy** ✓  
Traditional vegetarian roast

**Loaded Jacket Potatoes**

**A Selection of Sandwiches**

Thursday

**Beef Burger with Potato Wedges**  
A juicy beef burger in a soft bun  
*on the side...*  
Sweetcorn  
Mediterranean Vegetables  
*for dessert...*  
Banana & Berry Pie with Custard

**Quorn Burger with Potato Wedges** ✓  
Quorn burger served in a bun

**Loaded Jacket Potatoes**

**A Selection of Sandwiches**

Friday

**Salmon Fish Fingers or Cod Fillet Fish Fingers & Chips**  
A classic fish finger lunch  
*on the side...*  
Baked Beans  
Peas or Carrots  
*for dessert...*  
Chocolate Sponge & Custard with Fruit Slices

**Quorn Dippers & Chips** ✓  
Quorn nuggets

**Loaded Jacket Potatoes**

**A Selection of Sandwiches**

# Week two

11/11 02/12 06/01 27/01 24/02 16/03

**Spaghetti Bake** ✓  
Vegetarian spaghetti bolognese topped with cheese, then baked  
*on the side...*  
Sweetcorn  
Broccoli  
*for dessert...*  
Chocolate & Raspberry Swirl Cake with Custard & Fruit Slices

**Cheese & Tomato Pizza with Potato Wedges** ✓  
Homemade pizza

**Loaded Jacket Potatoes**

**A Selection of Sandwiches**

**Chicken Pie with Mashed Potato**  
Chicken & sweetcorn in a creamy sauce topped with shortcrust pastry  
*on the side...*  
Peas  
Cauliflower  
*for dessert...*  
Chocolate Cake with Custard & Fruit Slices

**Cheesy Quiche** ✓  
Delicious vegetarian quiche

**Loaded Jacket Potatoes**

**A Selection of Sandwiches**

**Traditional Roast Pork with Roast Potatoes & Gravy**  
Traditional roast pork dinner  
*on the side...*  
Broccoli  
Carrots  
*for dessert...*  
Flapjack with Fruit Slices

**Mac 'N' Cheese** ✓  
Macaroni baked in a tasty cheesy sauce

**Loaded Jacket Potatoes**

**A Selection of Sandwiches**

**BBQ Beef Meatballs**  
Meatballs with wholemeal pasta  
*on the side...*  
Broccoli  
Sweetcorn  
*for dessert...*  
Bread & Butter Pudding with Custard & Fruit Slices

**Quorn Balls in Tomato Sauce with Wholegrain Rice** ✓  
Quorn balls with wholegrain rice

**Loaded Jacket Potatoes**

**A Selection of Sandwiches**

**Cod Fillet Fish Fingers & Chips**  
A classic fish finger lunch  
*on the side...*  
Baked Beans  
Peas or Carrots  
*for dessert...*  
Raspberry Yoghurt Cake with Fruit Slices

**Quorn Dippers & Chips** ✓  
Quorn nuggets

**Loaded Jacket Potatoes**

**A Selection of Sandwiches**

# Week three

18/11 09/12 13/01 03/02 02/03 23/03

**Cheese & Tomato Pizza with Potato Wedges** ✓  
Homemade pizza  
*on the side...*  
Carrots  
Peas  
*for dessert...*  
Creamy Baked Orange & Vanilla Rice Pudding with Fruit Slices

**BBQ Quorn Burger with Potato Wedges** ✓  
Quorn burger served in a bun

**Loaded Jacket Potatoes**

**A Selection of Sandwiches**

**Pork Sausages with Mashed Potato & Gravy**  
Classic sausage and mash  
*on the side...*  
Sweetcorn  
Baked Beans  
*for dessert...*  
Banana & Cinnamon Cake with Custard

**Quorn Sausages with Mashed Potato & Gravy** ✓  
Quorn sausage and mash

**Loaded Jacket Potatoes**

**A Selection of Sandwiches**

**Traditional Roast Chicken with Roast Potatoes & Gravy**  
Traditional roast chicken dinner  
*on the side...*  
Broccoli  
Carrots  
*for dessert...*  
Shortbread with Fruit Slices

**Giant Vegetable Pasty with Roast Potatoes & Gravy** ✓  
Vegetables wrapped in puff pastry

**Loaded Jacket Potatoes**

**A Selection of Sandwiches**

**Beef Bolognese**  
A classic Italian beef bolognese served with wholemeal pasta  
*on the side...*  
Broccoli  
*for dessert...*  
Chocolate & Raspberry Swirl Cake with Custard & Fruit Slices

**Mac 'N' Cheese** ✓  
Macaroni baked in a tasty cheesy sauce

**Loaded Jacket Potatoes**

**A Selection of Sandwiches**

**Crispy Battered Fish & Chips**  
A traditional fish and chips lunch  
*on the side...*  
Peas  
*for dessert...*  
Crunchy Chocolate Biscuit with Fruit Slices

**Quorn Dippers & Chips** ✓  
Quorn nuggets

**Loaded Jacket Potatoes**

**A Selection of Sandwiches**

If your child is in Reception, Year 1 or Year 2 then you can get your packed lunch or hot meal free of charge!

**SPEAK TO YOUR SCHOOL RECEPTION TODAY**

All of our packed lunches include a healthy snack, fruit and dessert to stop little tummies rumbling!

**100% OF OUR MILK IS SUPPLIED BY BRITISH FARMERS**

**SERVED DAILY**

Jacket potatoes with various tasty fillings

**2 OF YOUR 5 A DAY** in every hot meal

**SUGAR CRACKDOWN**

**30% less sugar** across all of our desserts